

Available

WHOLE CHILD HEALTH GRANT FUNDED SERVICES

MICHIGAN MODEL FOR HEALTH

- PreK-12th comprehensive, evidence based health curriculum with Social-Emotional Learning (SEL)
- Face to face, hybrid, virtual, in district, technical assistance

TRAILS TO WELLNESS

- Free SEL resource through 31p funds
- Virtual Tier 1, Tier 2, and/or Tier 3 Training

MIDDLE SCHOOL BOTVIN LIFESKILLS

- Evidence-based Social Emotional skill building & substance use prevention
- Lessons for 6th, 7th and/or 8th grades

GUIDING GOOD CHOICES

- Evidence-based, strengthening families curriculum for caregivers
- Develops Social Emotional skills, decreases depression/anxiety and improves communication

PRIME FOR LIFE

- Evidence-based substance use prevention for at-risk youth
- Ages 14-20

LIFT U.P. PROJECT

- Locally Integrated Food Teams in the U.P.
- Student led, project based, in-person supports for high schools

NUTRITION AND PHYSICAL ACTIVITY PROGRAMS

- PE-Nut U.P., Food Navigator, SNAP-Ed, Farm to Families
- In-Person, varies by program

QPR GATEKEEPER TRAINING

- Question, Persuade, Refer-Suicide Prevention Training
- In-person training for middle school students through adults

Available

WHOLE CHILD HEALTH DISTRICT FUNDED OPTIONS

YOUTH MENTAL HEALTH FIRST AID

- For adults working with youth ages 6-18.
- Hybrid format (2 hrs self-paced online pre-work and 6 hours face to face)

TEEN MENTAL HEALTH FIRST AID

- For adults working with youth ages 6-18.
- Hybrid format (2 hrs self-paced online pre-work and 6 hours face to face)

SELWEB STUDENT ASSESSMENT

- K-12 Student online Social Emotional skill assessment (20-45 min)
- Per pupil fee through Marquette-Alger RESA

SELWEB IMPLEMENTATION SUPPORT

- In-person classroom support to administer the student assessment
- 30min/class x number of classrooms

SELWEB STUDENT DATA REVIEW

- In-person or virtual presentation and review of student SELweb data
- 30-60 minutes

TRAILS TO WELLNESS COACHING

- Available for K-12 school health personnel running student groups
- In-person or virtual

District Funded Options Cost Breakdown

Please contact Kelly Sager with any questions.
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